

# De-stressing air travel for men

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Airport related worries are the chief holiday concerns but apparently only for men. Women are more concerned about clothes, hair and make-up.

A broad generalisation and maybe a little bit sexist too, however, according to a recent online survey by Lastminute.com travel delays, excess baggage and forgetting your passport were the top three pre-holiday worries for men. Top worries for women, on the other hand were their appearance on the beach and personal grooming.

What part can **GatwickInformation.co.uk** play in de-stressing the airport experience? For a start there is a flight checker facility giving live flight information for departures as well as arrivals enabling you to check your flight before you leave the house.

There is also information on excess baggage amounts and what you can and can't pack so you will know beforehand and avoid the embarrassing repack at the check-in desk.

Which terminal do you fly from? Duty-free allowances, disabled facilities, how to get to Gatwick, shop listings – a little something for the ladies, hotels, parking, **GatwickInformation.co.uk** is a comprehensive information site containing all you need to know to travel to, from or through Gatwick Airport.

Marketing Director Sean McCarthy said: "Flying and travelling through airports can be a stressful exercise. **GatwickInformation.co.uk** is jam-packed with useful information. Anybody travelling through Gatwick, dropping or picking up a friend or relative can now find out what they need to know quickly and easily."

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For further press information regarding the Help-Me-Park service, photography or to arrange an interview, please contact TwoTrickPony:

Bethanie Ashley  
Tel: +44 (0) 1273 208878 / +44 (0) 7721 007 422  
Email: beth@twotrickpony.co.uk

Rachael Babister  
Tel: +44 (0) 1273 208878  
Email: rachael@twotrickpony.co.uk



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Meet & Greet Airport Parking at Gatwick North & South Terminals